



A. Steps for putting on (donning) personal protective equipment

1. Hand hygiene – Clean all surfaces of hands and wrists.
2. Gown – Cover torso and wrap around back, fasten in back of neck and waist.
3. Surgical/procedure mask – Secure ties in middle of head and neck, fit nose band to your nose and pull on bottom down to completely cover chin.
4. Eye protection – Place goggles or face shield over face and eyes and adjust to fit.
5. Gloves – Extend to cover wrist of gown

Resource: BCCDC The 5 Steps to Don (Put On) Personal Protective Equipment (PPE)

Coronavirus COVID-19
BC Centre for Disease Control | BC Ministry of Health

The 5 steps to Don (put on) Personal protective equipment (PPE)

- 1 Hand hygiene**
Clean all surfaces of hands and wrists
- 2 Gown**
Cover torso and wrap around back, fasten in back of neck and waist
- 3 Surgical/procedure mask**
Secure ties at middle of head and neck, fit nose band to your nose and pull bottom down to completely cover chin
- 4 Eye protection**
Place goggles or face shield over face and eyes and adjust to fit
- 5 Gloves**
Extend to cover wrist of gown

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If you have fever, a new cough, or are having difficulty breathing, call 8-1-1.



B. Steps for taking off (doffing) personal protective equipment for droplet and contact precautions

1. Gloves - The outside of gloves are contaminated. Grasp palm area of one gloved hand and peel off first glove. Slide fingers of hand under other glove at wrist and peel off. Discard in regular waste bin.
2. Perform hand hygiene - Clean all surfaces of hands and wrists.
3. Gown - Unfasten ties, pull gown away from neck and shoulders, touching ONLY the inside of the gown. Turn gown inside out and roll into a bundle. Place in soiled laundry hamper (if reusable) or in regular waste bin (if disposable).
4. Perform hand hygiene - Clean all surfaces of hands and wrists. If you are NOT 2 meters away from the patient, exit room now, perform hand hygiene, and finish the remaining steps.
5. Goggles or face shield - Do NOT touch the front of the eye wear. Place in receptacle for reprocessing (if reusable) or in regular waste bin (if disposable).
6. Perform hand hygiene - Clean all surfaces of hands and wrists.
7. Surgical or procedure mask - Grasp ties or elastics at back and remove WITHOUT touching the front. Place in receptacle for reprocessing or in regular waste bin.
8. Perform hand hygiene - Clean all surfaces of hands and wrists.
9. Exit room: Exit room and perform hand hygiene.

Resource: BCCDC 9 Steps to Doff (Take Off) Personal Protective Equipment (PPE)



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9 Steps to Doff (Take Off) Personal Protective Equipment (PPE) For Droplet and Contact Precautions

- 1 Gloves**
The outside of gloves are contaminated. Grasp palm area of one gloved hand and peel off first glove. Slide fingers of hand under other glove at wrist and peel off. Discard in regular waste bin.
- 2 Perform Hand Hygiene**
Clean all surfaces of hands and wrists.
- 3 Gown**
Unfasten ties, pull gown away from neck and shoulders, touching ONLY the inside of the gown. Turn gown inside out and roll into a bundle. Place in soiled laundry hamper (if reusable) or in regular waste bin (if disposable).
- 4 Perform Hand Hygiene**
Clean all surfaces of hands and wrists.
! If you are NOT 2 meters away from the patient, exit room now, perform hand hygiene, and finish the remaining steps.
- 5 Goggles or Face Shield**
Do NOT touch the front of the eye wear. Place in receptacle for reprocessing (if reusable) or in regular waste bin (if disposable).
- 6 Perform Hand Hygiene**
Clean all surfaces of hands and wrists.
- 7 Surgical or Procedure Mask**
Grasp ties or elastics at back and remove WITHOUT touching the front. Place in receptacle for reprocessing or in regular waste bin.
- 8 Perform Hand Hygiene**
Clean all surfaces of hands and wrists.
- 9 Exit Room**
Exit room and perform hand hygiene.

IPC v2.0

C. Respirator Disinfection and Storage Procedure

Notes:

- This procedure is not intended to be used for disposable N95 respirators
 - If using pancake-style P100 filters, remove and dispose of them once you have removed your respirator.
1. Don the necessary PPE for using disinfecting products (as indicated by the SDS for the product you are using – e.g. gloves and safety glasses).
 2. Wipe the exterior of the respirator with a disinfectant, including the filter cartridge casing, until visibly wet. a. Do not soak the filter cartridge or allow disinfectant to enter the filter. If disinfectant enters the filter dispose of the cartridge. 3
 3. With a separate wipe, disinfect the interior of the respirator until visibly wet.
 4. Store the respirator in a labeled paper bag, do not use again until completely dry.
 - a. Do not use plastic if storing a wet respirator, as it will not dry.



5. Dispose of the wipes into a garbage bag-lined container
6. Dispose of gloves (if applicable) and wash hands following Hand Hygiene guidelines in the COVID-19 Exposure Control Plan.

Respirator Inspection Considerations:

Frequent disinfection of respirators may cause increased degradation of the respirator and straps. Ensure to thoroughly inspect your respirator prior to each use and do not use if damaged, or if the straps are unable to be tightened to obtain a strong seal.