

Energy Nice Checklist

How much energy can VIU avoid using over the holidays?

It's up to you!

Take a moment to see where you can save a little energy, then let us know what you were able to turn off or even unplug. We'll estimate how much electricity was avoided just by turning things off or unplugging them over the holidays.

****Please don't turn off your CPU. It gets updated every evening so needs to be left with the power on.****

Last year, we estimated that enough to power an average BC house was avoided because VIU Nanaimo Campus staff/faculty and VIU Residences switched off.

So be 'energy nice' and switch off (or unplug) --because hey, even your lights and devices need a break!

You could win -- just for taking the time to turn a few things off, or unplugging them if that's appropriate. Use this checklist to help guide your holiday shutdown. Send it in by December 22 and you may be the winner of a \$50 gift certificate to the Campus Store or Food Services -- winner's choice. (2 to be awarded)

Deadline to enter -- December 22, 2017

Winners will be announced January 16, 2018

* Required

1. Email address *



2. Which building do you work from most of the time? *

3. What date will you leave for Christmas break? *

We'll use this information to estimate energy savings over Christmas break.

Example: December 15, 2012

4. What date will you return from Christmas break? *

Example: December 15, 2012

Energy Nice Checklist--Office

5. Which of these will you unplug or turn off? *

Not everything can or should be switched off. For example, please DO NOT switch off your CPU.
Mark only one oval per row.

	Unplugged	Turned off	Not applicable
Monitor	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Label maker	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pencil Sharpener	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Desk lamp	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Power bar (not in use)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Charger	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Speakers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overhead lights	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Personal heater	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Microwave	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Coffee maker	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Kettle	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Toaster	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. Did you switch off the monitors in a nearby computer lab? *

Mark only one oval.

- Yes
- No
- Not applicable

7. If you answered yes to the above, how many monitors did you switch off?

Or if you switched off/unplugged multiples of anything in the previous list, note what and how many. :-)

8. What else will be turned off or unplugged? *

Please note the item AND if it will be turned off or unplugged. Nothing else to add? Type 'nothing else.'

9. Blinds/curtains closed? *

Closing blinds (curved part facing in) and/or closing the curtains helps minimize heat loss through windows. Appreciate that it also may impede some solar gain (heating) in the day, but this is the west coast, and it is December....

Mark only one oval.

- Yes
- No
- Not applicable

10. Will the door(s) be closed? *

Closing doors helps to limit heat loss.

Mark only one oval.

- Yes
- No
- Not applicable

11. Other comments or insights to share?

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